



# Stroke and women



## AIMS:

- To describe the level of knowledge about stroke (signs and symptoms, risk factors, treatment) in stroke patients and caregivers
- To describe how stroke affects quality of life of stroke patients and its repercusión for caregivers
- To analyze differences between men and women

## METHODS:

- Prospective observational study.
- Centers from all regions in Spain
- Structured survey
- Subjects: (At least 200 in each group)
  - A) Stroke patients between 3 to 12 months after the index stroke
  - B) Caregivers

- Socio-demographic data.
- Knowledge about stroke.
- Risk factor profile.
- Lifestyle.
- Functional outcome (SIS-16).
- Cognitive impairment (selected ítems from CDR).
- Quality of life (EQ5D).
- Depression (PHQ-9).
- Specific questions for caregivers

## SCIENTIFIC COMMITTEE

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